

## Take home information

Appointment date: \_\_\_\_\_

Diagnosis:

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Management plan:

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Follow up:

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For more information about your diagnosis and support:

■ Visit [forward-avancer.ca](http://forward-avancer.ca)

■ Visit [alzheimer.ca](http://alzheimer.ca)

■ Call the Alzheimer's Society of Canada: 1-800-616-8816

People with dementia and their care partners benefit when they get support immediately after a diagnosis.

**Talk to your family doctor or specialist** about creating a care plan to help you stay healthy and better manage dementia symptoms.